

South Barrington Club Member Guidelines & Etiquette

At the South Barrington Club, we combine a country club feel with personal attention. Whether you join us to reach a fitness goal, learn a new racquet sport, or simply enjoy our community, we're committed to providing a safe, respectful, and inclusive environment for all members and guests. To keep our club welcoming for everyone, please review and follow these guidelines:

Arrival

- Bring your Club key tag or app every visit. Entry may be refused without it.
- Lost your key tag? Visit the Front Desk for a replacement (fee applies).
- Key tags are for your use only. Sharing may result in membership cancellation.
- The Club is not responsible for lost or stolen items—leave valuables at home.
- We are not responsible for vehicle damage or theft in the parking lot.

At the Club

- Treat members, guests, and staff with kindness and respect.
- Smoking, vaping, drugs, and outside alcohol are not allowed.
- No firearms or weapons are permitted by law. Signs are posted at entrances.
- Store belongings in lockers or designated areas. Keep fitness areas clear.
- Profanity, disruptive behavior, or unsafe actions may result in suspension.

Children

- Children 12 and under must be with a parent unless in a supervised program.
- Parents must be on time at the end of a supervised program to greet their child.
- Parents/guardians are responsible for their child's behavior.
- Staff may step in if behavior is disruptive.

Cell Phones & Photography

- Keep calls short and voices low.
- No phone use in the sauna or Kids Korner.
- In locker rooms, texting/email only—no photos, videos, or calls.
- Speakerphone and personal music without headphones are prohibited.
- Professional photo/video equipment requires prior approval.
- Do not film/photograph others without permission.

Locker Rooms

- Lockers are for daily use unless you have a rental agreement.
- Items left overnight will be removed.
- Respect privacy: modest behavior and low voices.
- Phone use limited to texting/email—no photos or calls.
- Adult Locker Rooms: ages 13+ (ages 10–12 with a supervising adult).
- Family Locker Rooms: for children under 10 with a parent/guardian.

Fitness Areas

- Share equipment: allow others to “work in” and don't reserve machines.
- Re-rack weights and wipe down equipment after use.
- When using the strength equipment, do not drop the stack of weights.
- Shirts and shoes required; no food permitted.
- Report broken equipment to Fitness or Front Desk staff.
- Only SBC Personal Trainers may train members.
- Youth 13+ may use equipment independently. Younger children may use equipment only with a Club Trainer.
- As courtesy to other members, keep personal calls short and voices low.

Fitness Studios

- Store belongings in lockers during class.
- Arrive early—some studios have limited space.
- Do not save spots for others.
- Wait for the prior class to exit before entering.
- Group Exercise classes always take priority.

Sauna

- Relax quietly; minimal conversation.
- Proper attire required (no gym/street clothes or shoes).
- No electronics, water on heating elements, or drying clothes.
- Leave space for others.

Racquet Sports Courts

- Check-In: Please stop by the front desk to check in and receive your court assignment before play.
- Court Time: Be mindful of your reservation. Exit the court promptly when your time is complete so the next group may begin on time. Do not enter the court until your scheduled start time.
- Proper Attire: Tennis shoes are required on all courts. Shirts must be worn at all times on both tennis and paddle courts.
- Clay Courts: If you transition from outdoor clay to the indoor courts, please clean your shoes before entering to help us maintain court quality.
- Demo Racquets: Demo racquets are available at the front desk. If you would like to take a demo racquet outside of the club, please request approval from our Director of Racquet Sports.
- Lessons & Equipment: Only SBC staff are permitted to provide lessons or use ball baskets.
- Clean-Up: Please pick up all balls and trash at the end of your reservation.
- Conduct: We ask that all players demonstrate sportsmanship at all times. Profanity and unsportsmanlike behavior will not be tolerated.
- Cancellations: Court cancellations made less than 24 hours in advance will be subject to a charge.

Kids Korner Nursery

- Ages: 4 months–8 years. Reservations required.
- 2-hour max per day; parents must remain on-site.
- Enrollment forms must be filled out prior to your first day of attendance.
- Please call the nursery on Saturday or Sunday to request reservations for the upcoming week
- Standing reservations are good for a 90 day period.
- No food, drinks, shoes, toys from home, or electronics allowed.
- 24-hour cancellation required.

Aquatic Center (Indoor & Outdoor)

- Follow posted pool rules and etiquette.
- Indoor pool lanes require reservations. (1-hour limit). If a member is more than 15 minutes late, staff can cancel your reservation and open the lane up to another member.
- Outdoor pool lane reservations are available from 6am-11am for adult lap swimmers only.
- Children under 13 must be with a parent/guardian; under 7 must be within arm's reach of a parent in the water.
- The Indoor pool is not protected by lifeguards at all times. When a lifeguard is not on duty, people under the age of 16 must be accompanied by a parent, guardian or other responsible person at least 16 years of age in swim attire.
- No food or glass on pool decks.
- Summer hours may vary due to Swim Team - schedules posted seasonally.

Our Goal: To create a fun, respectful, and welcoming place for all members.

Thank you for helping us maintain the standards that make the South Barrington Club special.



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