

Indoor Pool Schedule
January 5-February 16,2026

1/5/26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	No Lifeguard on Duty	No Lifeguard on Duty	No Lifeguard on Duty	No Lifeguard on Duty	No Lifeguard on Duty	
Guard on Duty 7:00am-7:00pm	5:00am-7:30am	5:00am-7:30am	5:00am-7:30am	5:00am-9:00am	5:00am-7:30am	Guard on Duty 7:00am-7:00pm
	Guard on Duty 7:30am-11:00am	Guard on Duty 7:30am-10:30am	Guard on Duty 7:30am-11:30am	Guard on Duty 7:30am-10:30am	Guard on Duty 7:30am-9:30am	
	Aqua-fit 7:30am-8:30am		Aqua-fit 7:30am-8:30am		Aqua-Fit 7:30am-8:30am	
					No Lifeguard on Duty 9:30am-3:15pm	Swim Lessons 9:00am-11:15am
Swim Lessons 10:15am-2:45pm	Swim Lessons 10:15-10:45	Swim Lessons 10:30am-11:15am	Swim Lessons 10:45am-11:30am			
	No Lifeguard on Duty 11:00am-4:00pm	No Lifeguard on Duty 10:30am-4:00pm	No Lifeguard on Duty 11:30am-3:15pm	No Lifeguard on Duty 10:30am-4:00pm		
						Aqua-Fit 11:15am-12:15pm
	Swim Lessons 1:30pm-2:15pm		Lifeguard on Duty 3:15pm-7:00pm	Lifeguard on Duty 4:00pm-7:00pm	Lifeguard on Duty 3:15pm-7:00pm	
			Swim Lessons 3:30pm-4:15pm			
	Swim Lessons 4:00pm-7:00pm	Private Swim Lessons 4:00pm-6:00pm	Private Swim Lessons 4:15pm-6:00pm	Swim Lessons 4:45pm-7:00pm		
		Swim Lessons 6:20pm-7:20pm				
No Lifeguard on Duty 7:00pm-8:30pm	No Lifeguard on Duty 7:00pm-9:30pm	No Lifeguard on Duty 7:00pm-9:30pm	No Lifeguard on Duty 7:00pm-9:30pm	No Lifeguard on Duty 7:00pm-9:30pm	No Lifeguard on Duty 7:00pm-9:30pm	No Lifeguard on Duty 7:00pm-8:30pm

At least one lane available

No Lifeguard on Duty-Swim at your own risk

*No Swim Lessons November 24-30 and December 6th

No lanes available at this time

Lifeguard on Duty