

Indoor Pool Schedule
January 5-February 16, 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	No Lifeguard on Duty	No Lifeguard on Duty	No Lifeguard on Duty	No Lifeguard on Duty	No Lifeguard on Duty	
Guard on Duty 7:00am-7:00pm	5:00am-7:30am Guard on Duty 7:30am-11:00am Aqua-fit 7:30am-8:30am	5:00am-7:30am Guard on Duty 7:30am-10:30am	5:00am-7:30am Guard on Duty 7:30am-11:30am Aquafit 7:30am-8:30am	5:00am-9:00am Guard on Duty 7:30am-10:30am	5:00am-7:30am Guard on Duty 7:30am-9:30am Aqua-Fit 7:30am-8:30am	Guard on Duty 7:00am-7:00pm
Swim Lessons 10:15am-2:45pm	Swim Lessons 10:15-10:45	Swim Lessons 10:30am-11:15am	Swim Lessons 10:45am-11:30am		No Lifeguard on Duty 9:30am-3:15pm	Swim Lessons 9:00am-11:15am
	No Lifeguard on Duty 11:00am-4:00pm	No Lifeguard on Duty 10:30am-4:00pm	No Lifeguard on Duty 11:30am-3:15pm	No Lifeguard on Duty 10:30am-4:00pm		Aqua-Fit 11:15am-12:15pm
	Swim Lessons 1:30pm-2:15pm		Lifeguard on Duty 3:15pm-7:00pm	Lifeguard on Duty 4:00pm-7:00pm	Lifeguard on Duty 3:15pm-7:00pm	
	Swim Lessons 4:00pm-7:00pm	Private Swim Lessons 4:00pm-6:00pm Swim Lessons 6:20pm-7:20pm	Private Swim Lessons 4:15pm-6:00pm	Swim Lessons 4:45pm-7:00pm		
No Lifeguard on Duty 7:00pm-8:30pm	No Lifeguard on Duty 7:00pm-9:30pm	No Lifeguard on Duty 7:00pm-9:30pm	No Lifeguard on Duty 7:00pm-9:30pm	No Lifeguard on Duty 7:00pm-9:30pm	No Lifeguard on Duty 7:00pm-9:30pm	No Lifeguard on Duty 7:00pm-8:30pm

At least one lane available

No Lifeguard on Duty-Swim at your own risk

*No Swim Lessons November 24-30 and December 6th

No lanes available at this time

Lifeguard on Duty