

CLUB CHAT

A newsletter for members of the South Barrington Club

January



Membership News

Welcome to the following new club members: Saavan Kiran, Dawn Kirshner family, Zishan Alvi family, the Carfora's, Tarek Dhanani, Nick Mirkovich family, Micah Hellenga family, Dilip Adhikary family, Luan Elezi family, Anish Sood, Theresa Wurtz, and Shayan Hasan.

Be Rewarded for your Referrals

You can earn extra spending power at the club! When you refer a friend, you'll receive a \$50 SBC gift card and two guest passes for each new membership you refer. Your friend receives \$35 initiation. Sorry- junior, corporate group, and paddle memberships not included. This cannot be combined with any other promotions.

Permanent Lockers are available for rent. If you are interested in a locker, please contact Janet at jlundholm@sbpd.net

As a Holiday thank you to our members, we will be waiving guest fees for our member's guests over the holidays. This will take effect starting Friday, December 23rd until Sunday, January 8th. There is a maximum of 3 guests per membership per day. Member must accompany the guest. Each guest is limited to 3 visits.

Wine Down Yoga

Thursday, January 19th Code 8901
Uncork your Chakras with Yoga Poses and Wine Tasting to lift your Spirits
6:30pm-7:30pm Class
7:30pm Wine Tasting

Saturday, December 24	Club	7am-3pm
	Pool	7am-2pm
	Nursery	Closed
Sunday, December 25	Club	Closed
Saturday, December 31	Club	7am-3pm
	Pool	7am-2pm
	Nursery	Closed
Sunday, January 1	Club	7am-1pm
	Pool	7am-Noon*
	Nursery	Closed

Tennis Court Time FREE- 2 hour limit

Happy New Year!

*No lifeguard on duty

Tennis Corner

Junior and Adult Winter Tennis Session

Begins Sunday, January 8- Saturday, March 11. Sign up NOW to secure your spot! Call the Front Desk at 847-381-2570, go online sbpd.net or use our NEW SBC App to register. Classes are filling up quickly!

Sign up for Top Gun Highschool Boys Tennis Tournament

January 27-29. Contact Alex Boshell at aboshell@sbpd.net to register by January 24th, 5pm. This is a great opportunity for all High School boys to prepare for the High School tennis season!

Women's Travel practice and match play resume the week of January 9th.

Pickleball News


Open Pickleball play will continue throughout our Indoor season. Please refer to our SBC App for updated days/times and clinics!

Fitness News

New Years is a great time to start a Fitness and Wellness program. Set up an appointment with our Certified Personal Training staff to achieve your goals. Whether it's weight loss...gaining strength...increasing your flexibility...or just getting healthier this year, we can help you get there. Choose from single sessions or a package to fit your needs!

This year we have expanded our new HIIT classes. If you are looking for a way to kick up your workout, be sure and give one a try. No reservations are needed, drop in on any class-- they are free to members.

Treat yourself to a massage after a tough workout or tennis match. Migdalia specializes in sports massage and has helped many members with various injuries and pain issues. Massage helps relax the tissue, increase the flow of blood and oxygen, and decrease pain. She also offers a wonderful relaxing spa massage if you just want to unwind and de-stress. Please contact Denise at dgappa@sbgpd.net for more information or to book an appointment.



**FATHER-SON
BASKETBALL Code 8900**
Friday, January 13th
7-8:30pm

Contests, Relays, Games, and More!
Ages 9 and Up

PRO SHOP

- Join Buyer's Club and receive 25% off regular priced clothing items.
- We have all new tennis apparel and plenty of last minute gifts for the holiday.



Just for Adults

Milwaukee Conservatory Domes Code 8950

Thursday, January 26th 9am-5pm

Let's enjoy the colder winter weather and head up to the Milwaukee Conservatory Domes. Here we'll experience the best of the desert oasis, the humidity of a tropical jungle, and the bright colors of a floral garden-- all in one destination. It'll be like going on vacation! Paula will be our tour guide to add some education to the day. Afterward, we'll enjoy lunch at Mader's restaurant featuring classic German cuisine, Bavarian décor, and traditionally attired wait staff.

Game Day Classics Code 8990

Tuesdays, January 17th, 24th, 31st, Feb. 7th 10-11am

Let's combat the winter cold and stay inside with friends, fun and classic games. We'll keep it relaxed and simple while having a great time (all games can easily be learned if you're not familiar with them). Our last Tuesday will be hosted by Janine from BACOA who will bring some special amusement with Family Feud.

Holidays are almost here!

Are you looking for last minute gift ideas? Our gift cards start at \$25.



Aquatics News

- Swim lessons begin January 8th.
- Registration is open for winter session I and II. Register early to save your spot.
- The aquatics department is hiring for a full time Assistant Aquatics Supervisor. Email Sheena Leonard sleonard@sbgpd.net with any questions and/or resumes.
- The aquatics department is hiring part time lifeguards and swim instructors. Applications can be found at www.sbgpd.net or they can be picked up at the front desk.



A facility of the South Barrington Park District
3 Tennis Club Lane
South Barrington, IL 60010
(847) 381-2570 • sbgpd.net/club